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Principal's Message

Dear Parents and Guardians,

As we enter November, our school community turns its heart toward gratitude, remembrance, and intentional preparation. Grounded in our theme scripture from Acts 2:42 *"They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers"* we are invited to deepen our personal and family faith practices.

November begins with All Saints' Day, calling us to reflect on the inspiring lives of the saints who showed us how to love and serve God. As the weeks unfold, our Gospel readings encourage us to stay watchful, nurture our unique God-given talents, and recognize Christ's presence in those around us. As we close the month by entering the season of Advent, we look forward to preparing our hearts for the coming of Christ.

Here are the updates, events, and important news for the month ahead:

Welcome Student Teachers: We have some fresh faces in our halls! We are pleased to welcome university students completing their first practicum rounds. A special thank you to our mentoring teachers: Mrs. Greeno, Mrs. Gokarn, Mr. Gill, Mrs. Zgurski, Mrs. Wickson, and Mrs. Alvarez.

Volleyball News: Volleyball is in full swing! Our athletes are working hard to develop their skills and are gearing up to host the second Volleyball Jamboree right here at St. Teresa on **November 20th**.

Symphony Performance: Under the direction of Mrs. Alexander, our Grade 3-6 choirs are practicing diligently for their upcoming performance with the Lethbridge Symphony on **November 19th**. Please note that this is a ticketed event through the Lethbridge Symphony.

Report Cards & Parent-Teacher Interviews: Report cards will be sent home at the end of the month. Parent-Teacher Interviews will take place on **November 25th and November 26th** from 4:30 PM to 7:30 PM. Keep an eye out for details on how to register for your interview time slot.

Scholastic Book Fair: We are hosting a Scholastic Book Fair in the library during interview week, starting **November 23rd**. Books make wonderful Christmas gifts, so be sure to stop by!

Library Care: Last year, we invested $3,000 in new library books for our students. Please remind your children to care for the books they borrow and return them on time. Lost or damaged book fees can be reviewed and paid via School Cash Online.

Important Safety Update: Alberta School Critical Emergency Framework
Alberta Education regulations require all school authorities to implement updated safety management standards province-wide. These provincial mandates govern building access, perimeter control, and locked door policies.
To align with updated Alberta Education provincial standards, and to ensure the safety of our students and staff, we have adopted access control protocols:

- **Controlled Access Points:** Exterior doors remain locked throughout the school day
- **Single Front Entrance:** Public entry is strictly restricted to the main entrance using our front door buzzer and camera system.
- **Visitor Tracking:** All visitors, parents, and contractors must report directly to the main office, sign in and sign out.

Thank you for your cooperation and support as we align our school protocols with these provincial standards to keep our community safe!

IMPORTANT DATES



November 10
Remembrance Day Liturgy

November 11
Remembrance Day -No School

November 12-13
PD Days – No School

November 16
Rock Your Mocs

November 18
Family Photo Evening

November 19
Lumberjack Day
Junior & Senior Choir sing at Symphony

November 23-27
Scholastic Book Fair

November 25-26
Parent/Teacher Interviews

November 26
Kindergarten Interviews all day

November 30
Team Color Day

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **All Saints Day** Matthew 5: 1-12a	2 **All Souls Day**	3 **School Council Mtg 6:30** **All Welcome**	4	5	6	7
8 Matthew 25: 1-13	9	10 **Remembrance Day Liturgy**	11 **Remembrance Day** **No School**	12 **PD Day** **No School**	13 **PD Day** **No School**	14
15 Matthew 25: 14-30	16 **Rock Your Mocs Day**	17	18	19 **Lumberjack Day** ELP at Learning Centre Junior & Senior Choir at Symphony	20 **Grade 6 Volleyball Jamboree at STC**	21
22 Matthew 25: 31-46	23 **Book Fair begins** Kinder to Firehall AM	24 Kinder to Firehall PM	25 **Parent Teacher Interviews 4:30-7:30** Board Meeting Public	26 **Parent Teacher Interviews 4:30-7:30** **Kinder Interviews all day**	27	28
29 Mark 13: 33-37	30 **Team Colour Day** Spirit Assembly					

Notes

Hot Lunches

Nov 4 - Panago Pizza by the Slice
Orders closed Oct 28

Nov 17 - Little Ceasars
Order from Oct 29 - Nov 9

Nov 26 - Spudnut Donuts
Order from Nov 3 - Nov 18

Grade 6 Boys and Girls Volleyball

Practice every Tuesday and Thursday after school.
Last practice will be Nov 19.

Book Fair Nov 23-27

Open during library classes throughout the week in the afternoons.
Open Parent-Teacher Nights Nov 25 -26
Last day is Nov 27, closing shop at 12:20PM.

Gospel Reading: Matthew 5:1-12a

"Rejoice and be glad, for your reward will be great in heaven." — Matthew 5:12

Today is a great day of hope in the Church. We remember and celebrate all the men and women who have gone before us… the saints. Many of them had difficult lives, suffering for their love and faith in Jesus. All of them lived lives of great example. They showed us how to live out the beatitudes (also from today's Gospel). They taught us how to pray and live lives pleasing to God. May we be inspired by them and strive to also live lives that will be pleasing to God.

Prayer:
Dear Lord, thank you not only for your Son who lived the perfect example in life, but also for all the saints who continue to reinforce Jesus' teachings.

Reflection:
As a family, learn something new about a saint you didn't know much about before. For example, read about St. John Vianney, St. Benedict, St. Rose of Lima, St. Maximillian Kolbe, St. Lucy, or St. Juan Diego, just to name a few. A great place to find out more about saints is at Catholic.org.



"May the Virgin Mary always be our refuge, our consolation, and the way that leads to Christ."

– POPE FRANCIS –

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Gospel Reading: Matthew 25:1-13

"Therefore, stay awake, for you know neither the day nor the hour." — Matthew 25:13

If you were going to run a marathon, what are some things you would have to do ahead of time? Do you think you would be prepared to run such a long distance if each day for a week before the race you only ran around the block and then took a nap? Do you think your feet would be able to carry you the whole distance if you only had flip flops to wear?

In the Gospel today, Jesus uses a story to help us understand how important it is to be ready to meet God. We need to prepare in advance. If each day we try a little harder to follow Jesus' example of love, we will grow in holiness and look forward to seeing God face to face one day.



Prayer:
Lord, help me to prepare my heart to become more like yours – filled with love.

Reflection:
What is one thing you can do today to become more like Jesus?

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Gospel Reading: Matthew 25:14-30

"Well done, my good and faithful servant." — Matthew 25:23

If you won $100 in a contest, what would you do with it? Would you spend it on something you want, save it, or give it away? Each of these options can be good. You could spend it on something that would help you with your school work (like a calculator), put it in the bank to earn interest (increasing its value), or donate the money to someone in need. In each case, your money would be well spent. But what if you decide instead to dig a hole in your backyard and bury your $100? That would be totally useless!

In our Gospel today, Jesus tells a story to help us understand that he has given each person a winning prize—talents that we can use to help the world know God's love. If we choose not to use these talents, it would be like burying a $100 bill!

Prayer:
Lord, help me to give you honor and glory by using the talents you have given me.

Reflection:
What special talent has God given each member of your family?



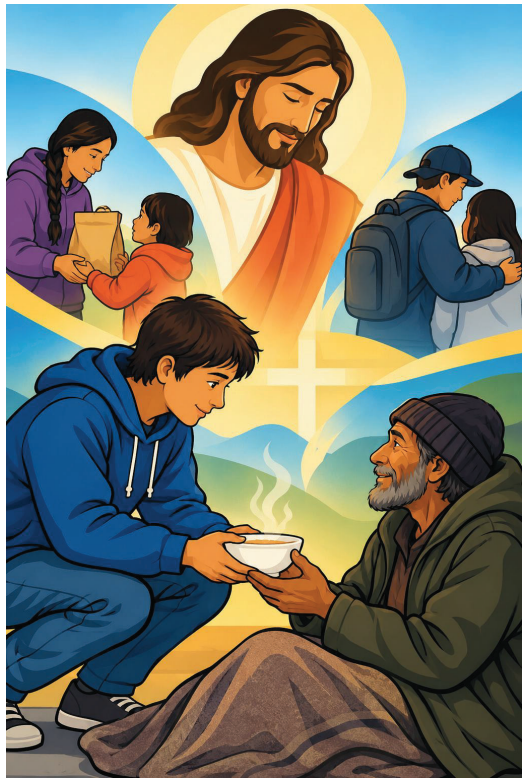
"For where your treasure is,
there your heart will be also."

– MATTHEW 6:21 –

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Gospel Reading: Matthew 25:31-46

"Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me." — Matthew 25:40



Most people have never seen Christ in a physical way, where they could talk to him and hear him talk back to them. In today's scripture, however, Jesus tells us that he is present in the people who may be the hardest to look at. Who are the "least" of our brother and sisters? He might be the person at school who isn't very popular. She might be the person at work to whom no one reaches out. He may even be the person who lives next door to you. Jesus wants us to find ways to love him through those who may not be easy to love, just as he did.

Prayer:
Dear Lord, sometimes I judge people by what they look like or by their possessions. Please give me the grace to love all people as you taught us through your example.

Reflection:
Is there someone at school or work who people shun? What can you do to be the face of Jesus for that person?

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Gospel Reading: Mark 13:33-37

"What I say to you I say to all: 'Watch!'" — Mark 13:37



Whenever something exciting is coming in our lives, we wait for it with great anticipation. If it is a birthday or a holiday, there is a lot to do to prepare for it We put all our energy into the preparations without hesitation because we know how much fun it will be when the day comes. Today's scripture remind us to prepare ourselves with this same excitement and anticipation for Chris coming. Since it is the season of Advent, we are preparing to celebrate Christ's birth. But we are also called to be prepared every day of our lives. Jesus wants us to be ready to meet him any day, any time, anywhere.

Prayer:
Dear Lord, show me how I can best prepare my heart and mind to meet you whenever you come.

Reflection:
An Advent wreath helps us count the four weeks of preparation for Christ's birth. Does your family have an Advent wreath or another Advent tradition th... helps you count the days until Christmas?

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Hello Families!

Mountain West Studios is excited to be providing family photo sessions as a fundraiser! The sessions will take place on November 18, 19, 2026, in the music room. This environment allows us to provide quality portrait sessions within a comfortable location. Our goal is to provide portraits that CELEBRATE YOU and your Family. We will open November 18 date first and as times fill up we will then open November 19.

This is a fundraiser! 100% of the sitting fee goes directly back to the school, and each family will receive a complimentary 8x10 print.

To book your Family portrait sitting, please visit this link:

St Teresa of Calcutta Family Sitting

If you have any questions after reviewing our sign up page, please contact our customer service team.

https://mountainwestfamilies.as.me/?calendarID=14696712

Family Photo Night is coming soon!

EACH FAMILY RECEIVES 1 **FREE** 8X10 PHOTO OF THEIR CHOICE!

- An affordable and convenient option for family portraits.
- Great for Mother's Day, Father's Day and holiday gift-giving!
- Sitting fee is $30. 100% of the fee is donated back to your school!
- Convenient weekend and evening portrait sessions
- 10 minute sitting includes 10-15 online proofs with the option to order additional photos.

Have questions? Email us at **help@mountainwest.ca**

Sign up today!



MOUNTAINWEST STUDIOS

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Toll Free 1.888.644.4494

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mountainwest.ca







Clothing

Great to Coordinate.

Coordinating outfits and dressing in complementary colours is a great idea for family photos. Bright and solid colours make for the best photos.

Props rock

Bring the fun!

We believe that every photo shoot should be a fun and memorable experience. That's why we encourage our clients to bring their own props to show off their unique personalities.

Pets are the best

We love furry friends

Pets are an integral part of the family. That’s why we welcome well-behaved pets into our studio for photos. Interested in booking a session with your pet? Don’t hesitate to reach out to us for more info.

This is a fundraiser! 100% of the sitting fee goes directly back to the school, and each family will receive a complimentary 8x10 print. Proceeds will be used towards school activities throughout the year.

To book your Family portrait sitting, please visit this link:

St Teresa of Calcutta Family Sitting

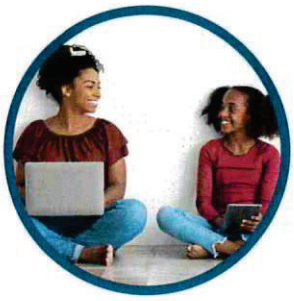
ONLINE SAFETY TOOLKIT

Created through:
BUILDING SAFER COMMUNITIES
City of Lethbridge

Get trusted answers with this free, easy-to-access resource, created in partnership with the Lethbridge Police Service.

A resource for both youth and adults to learn how to stay safe, respond to online harms and support others!

Topics covered include:



Parent/Caregiver Guide to Online Safety

Parental controls, household tech rules and conversation starters

Social Media and Streaming Apps

Explore everything from SnapChat and Youtube to Vault Apps and more



Online Gaming and Virtual Communities

Explore everything from Roblox to Discord and more

Online Activity and the Law

Online Violence, cyberbullying and online exploitation are evolving- and it's targeting everyone



Be Scam Savvy

Information and tips to protect yourself from frauds and scams

Youth Zone

Resources for youth when things get risky online

In the News

Online risks you shouldn't miss

SCAN HERE

Scan the QR code or access the toolkit on the web!

www.

lethbridgepolice.ca/onlinesafety