



This year, we conclude our Year of Pilgrimage by continuing our humble walk with God, seeking to know Him more deeply. Through the parables of Luke, our students are invited to reflect:

Where do I fit in these stories, and what do they teach me about my relationship with God?

Just as we hear Scripture proclaimed in the Liturgy of the Word, we listen for God's voice in our daily lives.

Inspired by Mark 16:15 – "Go into all the world and proclaim the good news to the whole creation" – our Catholic schools are called to:

- Invite others to know Christ,
- Listen to the lived experiences of those around us, and
- Engage families and youth meaningfully in the life of faith.

We also draw on the wisdom of Micah 6:8, reminding us to "do justice, love kindness, and walk humbly with your God."

We look forward to bringing the Faith Plan to life at St. Teresa this year.

Although it is just the beginning of September plans are underway for our Christmas production. This year students will be performing "Behind the Manger Scene". Mark your calendars for November 18th and 19th, with both matinee and evening performances. Tickets go on sale Oct. 9th. All students will be part of the production. Auditions for extra dance roles and acting roles will be taking place this month.

Prayers for a great September,
Patti Pilsner
Principal



BACK TO SCHOOL

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1

Labour Day

2

First day of classes for Grades 1-6

3

4

ELP Meet and Greet for new students

5

St. Teresa

6

← KINDERGARTEN PARENT MEETINGS →

7

8

9

10

11

12

13

14

Lethbridge Terry Fox Run

15

16

School Council Mtg 6:30

17

18

19

Terry Fox Run - Wear Red & White
School Cash open for Pizza by the Slice

20

← TOONIES FOR TERRY COLLECTION →

21

22

23

24

25

Opening Mass 9:30 St. Basil's All Welcome
Last day to order Pizza by the Slice
Back to School Blessing 5:30-6:30

26

Orange Shirt Day

27

Board Mtg 6:00 Public

28

29

PD Day No School for Students

30

National Day for Truth and Reconciliation No School



September

mabel's labels

FUNDRAISING

<div><div>2025 – 2026 Balanced School Day</div><div>Entrance bell 8:38</div><div>homeroom time 8:43-8:50</div><div>period 1 8:50-9:20</div><div>period 2 9:20-9:50</div><div>period 3 9:50-10:20</div><div>period 4 10:20-10:50</div><div>Nutrition Break 10:50-11:00</div><div>Recess 11:00-11:20</div><div>period 5 11:20-11:50</div><div>period 6 11:50-12:20</div><div>period 7 12:20-12:50</div><div>period 8 12:50-1:20</div><div>Nutrition break 1:20-1:40</div><div>Recess 1:40-2:00</div><div>period 9 2:00-2:30</div><div>period 10 2:30-3:00</div><div>period 11 3:00-3:30</div><div>homeroom 3:30-3:35</div></div>	<div><div>Friday Balanced School Day</div><div>Entrance bell 8:38</div><div>homeroom time 8:43-8:50</div><div>period 1 8:50-9:20</div><div>period 2 9:20-9:50</div><div>period 3 9:50-10:20</div><div>period 4 10:20-10:50</div><div>Nutrition Break 10:50-11:05</div><div>Recess 11:05 - 11:20</div><div>period 5 11:20-11:50</div><div>period 6 11:50-12:20</div><div>Homeroom 12:20-12:30</div><div>Dismissal 12:35</div><div>Kindergarten and Early Learning Program</div><div>Monday to Thursday:</div><div>Morning: Kinder 8:30-11:45 AM ELP 8:30-11:45 AM</div><div>Afternoon: Kinder 12:25-3:40 PM ELP 12:30-3:30 PM</div></div>
--	--

Register for SchoolCash Online today

It's fast, easy & free

Create an account today so that you can be notified via email and pay for your child(ren)'s school activity fees online.

Why register?

- 24/7 shopping convenience
- Secure, contactless & easy-to-use
- Receive email notifications as new items are available for purchase
- Manage all of your child(ren)'s school activity fees from a single account
- Check your account history at any time
- View & print receipts as needed
- Eliminates the need for your child(ren) to carry cash

How to register

- Go to <https://holyspirit.schoolcashionline.com> and click **Register**.
 - Enter your first name, last name, email address, and create a password
 - Select a security question
 - Select **Yes** to receive email notifications (note that you will not receive any promotional emails)
- You will receive a confirmation via email. Check your Spam folder if you don't receive it.
- Use your email address and password to log in to your account.

How to add children to your account

- Sign in to **SchoolCash Online**:
<https://holyspirit.schoolcashionline.com>.
- At the top of the page, navigate to **My Account**.
- From the dropdown menu, select **My Students**.
- Click to add a child:
 - Type your school board name.
 - Choose your school from the list.
 - Enter your child's details. You may add up to 8 students to your account.
 - Click **Confirm**.

How to make a payment

- Select the item which you would like to purchase & click **Add to Cart**.
- Once you have finished adding items to your cart, click **Continue** to make a payment.



Fair Notice Letter

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Threat Risk Assessment (VTRA) Protocol assists administrators in taking the necessary steps to protect the well-being of students and staff. This protocol ensures that schools can respond promptly to worrisome behaviors or threatening incidents, such as possession of a weapon or replica, bomb threats or plans, verbal, written, or electronic (internet, text) threats to harm oneself or others, as well as other acts of violence, including fire-setting.

The protocol requires trained division staff and community partners to work together as a team to complete an Assessment of Risk to Others (ARTO) whenever a student threatens to harm others. The ARTO process leverages the team's knowledge, skills, and experience to assess the level of concern and identify appropriate interventions to protect individuals from harm and ensure a safe environment in both the school and the community. A multi-disciplinary approach is used to address these concerns. Please be advised that the school team will take positive and proactive measures to address all known threats or high-risk behaviors. If you are invited to a meeting to discuss safety concerns about your child, please be assured that our protocol is being followed and that our primary goal is ensuring safety.

The Southwest Alberta Regional VTRA Protocol outlines how a school should respond immediately to threatening behavior. Principals may first assemble a School Threat Assessment Team, ideally comprising the principal or associate principal, a school-based counselor or jurisdictional lead, and local police. If the situation is serious, the principal may also consult the Superintendent of Schools and involve members of the Community Threat Assessment Team. This team may include representatives from local police, children's mental health organizations, or Child and Family Services, among other community agencies that collaborate with us to enhance school safety. Parents/guardians will be notified as soon as possible during the Stage I - VTRA Process. If parents/guardians cannot be reached, but a safety concern persists, the threat assessment may proceed. Personal information shared during this process will respect and balance each individual's right to privacy with the need to ensure everyone's safety.

This letter complies with procedure 2 of *Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol*, which states that parents/ guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at www.holyspirit.ab.ca.

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V- TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely,

Chantel Axani, Superintendent of Schools



NOTICE TO PARENT OR GUARDIAN OF RELIGIOUS PERMEATION

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.



FAIR NOTICE LETTER

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Threat Risk Assessment (VTRA) Protocol assists administrators in taking the necessary steps to protect the well-being of students and staff. This protocol ensures that schools can respond promptly to worrisome behaviors or threatening incidents, such as possession of a weapon or replica, bomb threats or plans, verbal, written, or electronic (internet, text) threats to harm oneself or others, as well as other acts of violence, including fire-setting.

The protocol requires trained division staff and community partners to work together as a team to complete an Assessment of Risk to Others (ARTO) whenever a student threatens to harm others. The ARTO process leverages the team's knowledge, skills, and experience to assess the level of concern and identify appropriate interventions to protect individuals from harm and ensure a safe environment in both the school and the community. A multi-disciplinary approach is used to address these concerns. Please be advised that the school team will take positive and proactive measures to address all known threats or high-risk behaviors. If you are invited to a meeting to discuss safety concerns about your child, please be assured that our protocol is being followed and that our primary goal is ensuring safety.

The Southwest Alberta Regional VTRA Protocol outlines how a school should respond immediately to threatening behavior. Principals may first assemble a School Threat Assessment Team, ideally comprising the principal or associate principal, a school-based counselor or jurisdictional lead, and local police. If the situation is serious, the principal may also consult the Superintendent of Schools and involve members of the Community Threat Assessment Team. This team may include representatives from local police, children's mental health organizations, or Child and Family Services, among other community agencies that collaborate with us to enhance school safety. Parents/guardians will be notified as soon as possible during the Stage I - VTRA Process. If parents/guardians cannot be reached, but a safety concern persists, the threat assessment may proceed. Personal information shared during this process will respect and balance each individual's right to privacy with the need to ensure everyone's safety.

This letter complies with procedure 2 of *Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol*, which states that parents/ guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at www.holyspirit.ab.ca.

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V-TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely,

Chantel Axani, Superintendent of Schools



Notice to Parent or Guardian of Religious Permeation

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.

Gospel Reading: Luke 14:25-33

“Whoever does not carry his own cross and come after me cannot be my disciple” — Luke 14:27

Do you have a family member who needs help getting around? Maybe you have a younger sibling or an aging relative who doesn't have the ability to do things on their own. We might sometimes feel impatient if we have to stop what we're doing to help others. But maybe this is the cross Jesus is talking about in the Gospel. Jesus carried a wooden cross, but it wasn't only the wood that made it heavy. It was our sins that were the greatest burden for him – how we continually hurt other people. If we want to be a disciple of Jesus, we must willingly help others to carry their burdens when they can't do it themselves.

Prayer:

O Lord, you carried the weight of our sins out of love for us and for your Father. I have only small crosses to carry compared to yours. Help me to see each cross in my life as an opportunity to become more like you.

Reflection:

What crosses are in your life that you can learn to carry more patiently for Jesus?



Gospel Reading: John 3:13-17

“And as Moses lifted up the serpent in the desert, so must the Son of man be lifted up.” — John 3:14

Do you like snakes? Most people don't like them because snake bites hurt and are often poisonous. In the Bible we see how the poison of sin came into the world when Eve believed the snake and disobeyed God. We also see that snakes' poisonous bites killed the disobedient Israelites when they lost trust in God. But God is more powerful than sin and death and snakes. In our Gospel today, we are reminded that God told Moses to place the image of a snake on a pole and lift it up so that the Israelites could take a good look at who they were worshipping instead of God. By simply looking at the snake they were cured. By looking at Christ on the cross, we are reminded of our sins and God's great love for us to send his Son to save us.

Prayer:

Lord, thank you for dying on the Cross for me so I can be cured of my sin.

Reflection:

What are some ways that sin harms us?



Gospel Reading: Luke 16:1-13

“The person who is trustworthy in very small matters is also trustworthy in great ones; and the person who is dishonest in very small matters is also dishonest in great ones.” — Luke 16:10

We are all called to be responsible in many areas of our lives. We are responsible for our chores, schoolwork, belongings, and relationships with family and friends. If we are trustworthy in handling each of these things, we will be ready for bigger situations in our life. For example, doing your chores well and doing them the first time you are asked builds trust with your parents. Your parents see that you respond to them and they will know they can rely on you. (This also honors God because you are following the fourth commandment that tells us to obey our parents.) Let us ask God to give us the courage to always make the right choices, whether small or big.

Prayer:

Dear Lord, it is not always easy to make good choices. Please help us to do what is right, even when it is not easy. We want to please you with how we live our lives.

Reflection:

What are some of the “small things” I need to work harder at doing well?



Gospel Reading: Luke 16:19-31

“Lay hold of eternal life, to which you were called...” — 1 Timothy 6:12

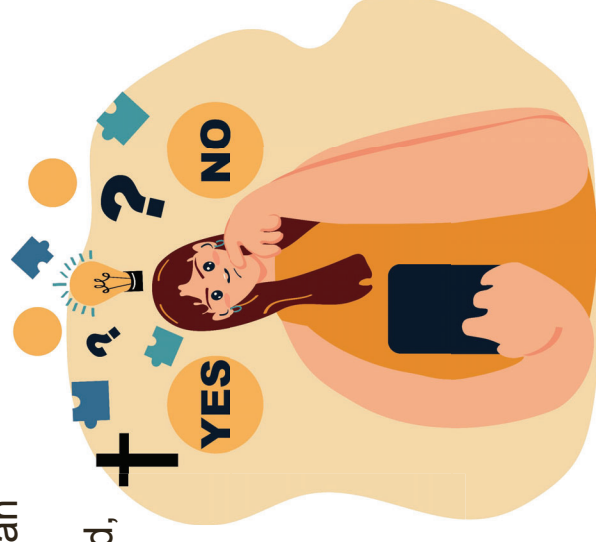
What do we live for in this life? Most of us live for today and tomorrow, and maybe the next day. But what about heaven? Do we ever think about heaven? What will it be like? How do we get there? We have to look at the choices we make each day. Are we making choices in our life that will lead to life? The Gospel today talks about a rich man who only took care of himself. His choices did not lead him to everlasting life. Let us take a look at our own lives and decide what choices are helping us get closer to God, and which choices are steering us away.

Prayer:

Dear Lord, we want to be with you in your kingdom. Please help us to keep our hearts set on that goal and to make choices in our lives that will help us achieve it.

Reflection:

How often do I think about heaven? Am I making choices to help me get there?





FAMILY
CENTRE

KIMOCHIS PLAY

\$55/family Fostering Emotional Expression
for parents & kids 3-6
(younger siblings welcome) **3y+**

THURSDAYS

SEPT 25 - DEC 4 (NO PROGRAM NOV 13)

3:30-5:00PM

- Free play
- Kimochis learning & circle time
- Snack
- Take plushies home to continue the
- Learning



**TO REGISTER
SCAN HERE**



Family Centre
Suite 225, 200 -4 Ave. S.
Lethbridge
403-320-4232

 www.famcentre.ca
  @familycentreyql
 @Family Centre Society of Southern Alberta



Blended Families Workshop

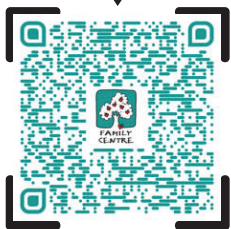
New Relationships, New Family A BLENDED FAMILY

- 2-hour seminar
- For blended families (new or experienced)
- Tools & tips for healthy relationships
- Supportive discussion
- Build a strong, resilient family unit

FREE

TO REGISTER

SCAN HERE



Thursday September 18, 6-8pm
Childcare by donation

Family Centre
Suite 225, 200 - 4 Ave. S. Lethbridge
403-320-4232

 www.famcentre.ca

  @familycentreyql

 @Family Centre Society of Southern Alberta



Anxiety Workshop

Supporting Kids & Teens Through Anxiety

with Angela Jans, MC, Registered Psychologist



Thursday September 25



6:30pm – 8:00pm



**Family Centre, 200–4 Ave. S.
Lethbridge**

With over 15 years of experience, Angela specializes in helping children, teens, and families navigate the emotional challenges of anxiety. She knows that while anxiety is common, it can disrupt learning, friendships, and daily life.

Angela provides practical tools and guidance to recognize anxiety, respond with confidence, and build lasting coping skills. Whether your child is facing anxiety for the first time or has been struggling for a while, Angela offers support to help you feel more prepared —and less alone.



Online: www.famcentre.ca



403-320-4232 ext 214



christine.bishoff@famcentre.ca



SUPER DADS SUPER KIDS

**8 Week Course
FOR DADS**

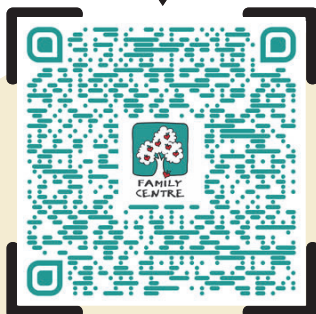
WEDNESDAYS

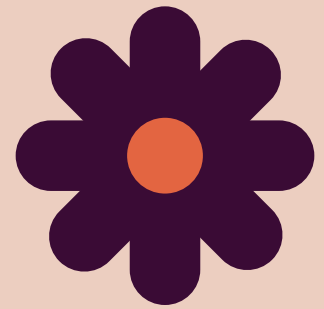
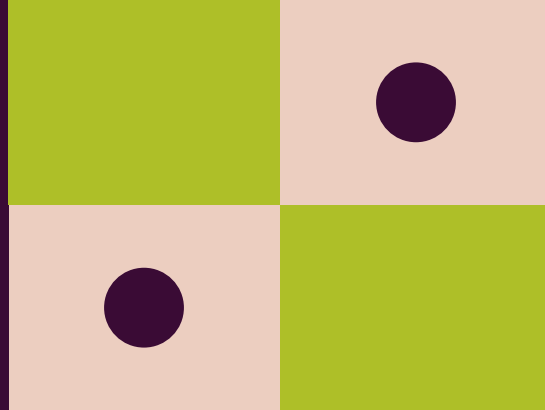
6 - 8 PM

September 24 - November 12

TO REGISTER

SCAN HERE





FIND YOUR **GROOVE** AT THE LIBRARY

Sign up for a free library card (or renew your existing one) during the month of September and you might just score a funky sweatshirt or nifty tote bag



lethlib.ca/join



Lethbridge
Public Library

CONNECTING
YOU



LETHBRIDGE BOOK & MAGAZINE FESTIVAL

15TH ANNIVERSARY

September 20, 2025 | 11 a.m. - 5 p.m.

Lethbridge Public Library - Main Branch

Featuring Authors

Linda Bailey | Crave Bakery | Maggie Helwig
Ryan North | Jessica Waite | Kevin Van Tighem |
and more!

Live Music | Food Trucks | Workshops | Author Signings | Marketplace

Celebrating Reading. Advocating Literacy.

For full events details visit thewordonthestreet.ca/lethbridge



Lethbridge
Public Library

CONNECTING
YOU



of Lethbridge Public Library

2025-2026 INDOOR SOCCER REGISTRATION LYS LEAGUE

www.lethbridgesoccer.com // 403-320-5425 (KICK)



ONLINE ONLY:

August 1 - September 8, 2025

INDOOR SOCCER SEASON STARTS: October 2025 - March 2026 ALL SESSIONS HELD AT THE SERVUS SPORTS CENTRE **INDOOR LEAGUE IS BASED ON TOTAL NUMBER OF SESSIONS FOR THE SEASON**

Register your player in their BIRTH YEAR (all age groups are from birth dates January 1 - December 31 of specified year)

Players will remain playing in their age groups no movement up or down an age group

Player Request Fee \$40.00 - 2 PLAYERS ONLY!

If there are not enough registrants per gender in U12 age group - Will be be combined CoEd

Age Group	Birthyear	Fee	# of games	Days Playing	**ESTIMATED START TIMES**
U5 CoEd	2021	\$275.00	17 (40 min. sessions)	Monday	5:00pm
U6 CoEd	2020	\$275.00	17 (40 min. sessions)	Wednesday	5:00pm
U8 Boys	2018 & 2019	\$275.00	17 (40 min. sessions)	Mondays and Saturdays	Mon 5:00pm and Sat 9:00am
U8 Girls	2018 & 2019	\$275.00	17 (40 min. sessions)	Mondays and Saturdays	Mon 5:00pm and Sat 9:00am
U10 Boys	2016 & 2017	\$325.00	21 (55 min. sessions)	Mondays and Saturdays	Mon 6:00pm* - Sat 12:00pm*
U10 Girls	2016 & 2017	\$325.00	21 (55 min. sessions)	Mondays and Saturdays	Mon 6:00pm* - Sat 12:00pm*
U12 Boys	2014 & 2015	\$400.00	27 (55 min. sessions)	Wednesdays, Fridays and Saturdays	Wed 6:00pm* - Fri 5:30pm* - Sat 3:00pm*
U12 Girls	2014 & 2015	\$400.00	27 (55 min. sessions)	Wednesdays, Fridays and Saturdays	Wed 6:00pm* - Fri 5:30pm* - Sat 3:00pm*
U14 CoEd	2012 & 2013	\$400.00	27 (55 min. sessions)	Wednesdays and Saturdays	Wed 6:00pm* - Sat 5:00pm*
U16 CoEd	2010 & 2011	\$400.00	27 (55 min. sessions)	Mondays and Saturdays	Evenings
U18 CoEd	2008 & 2009	\$400.00	27 (55 min. sessions)	Mondays and Saturdays	Evenings

****Start times are subject to change due to registration numbers and are provided as a guideline only****

PLAYER EQUIPMENT:

U5 & U6, Timbits Jersey, shorts & socks will be provided for each player to keep.
U8 - U18, Full Kit Jersey, Shorts & Socks will be provided for each player to keep.

Soccer Shoes or Soccer Cleats are acceptable, Shin Guards are MANDATORY - Not included in player fees

PROGRAM DESCRIPTION:



U5 & U6 TIMBITS: This is our introductory level, where all sessions are run by our CSA Certified Coaches who will help your child build a love for the ball.

U8 - U12 FUNDAMENTAL: At this stage, individual player development is paramount. Developing soccer creativity skills in a fun environment.

U14 & U16 LEARN TO TRAIN: Golden Age of Learning, that learnt technical skills are introduced to the beginning of the tactical environment.

U18 LEARN THE GAME Combining previously developed technical and tactical skills, into a more mature game setting.



2025 *LCBC IGNITE!*

Lethbridge Cougars Basketball Club

FALL PROGRAM SIGNUP

- IF YOU ARE IN GRADE 4-7, ENROLLED AT A HOLY SPIRIT ELEMENTARY SCHOOL, YOU ARE INVITED TO BE A PART OF *"LCBC Ignite!"*
- *LCBC'S FALL DEVELOPMENTAL PROGRAM*
- **Program Includes:** Skill Development & Exhibition Games
- **LOCATION:** Ecole St. Mary's: 422-20th Street South

Grade 4-5 CO-ED (6 sessions) WEEKLY ON MONDAYS scheduled at 5:00-6:15 OR 6:15-7:30 (will change week to week)	PROGRAM RUNS: September 8-October 27, 2025 (not including September 29 & October 13)
Grade 6-7 BOYS (6 sessions) WEEKLY ON TUESDAYS scheduled at 5:30-6:45 OR 6:45-8:00 (will change week to week)	PROGRAM RUNS: September 9-October 28, 2025 (not including September 30 & October 14)
Grade 6-7 GIRLS (7 sessions) WEEKLY ON WEDNESDAYS scheduled at 6:30-8:00pm	PROGRAM RUNS: September 10-October 29, 2025 (not including October 15)

IMPORTANT NOTES FOR *"LCBC Ignite!"* PROGRAM:

- PLEASE ARRIVE **5 MINUTES** EARLY
- BRING PROPER COURT SHOES, SHORTS, & WATER BOTTLE.
- *"LCBC Ignite!"* T-shirt (included in \$100 program fee)
- EVERYONE IN GRADE 4 -7 FROM HOLY SPIRIT SCHOOLS ARE WELCOME
- **ONLY 40 SPOTS/PROGRAM AVAILABLE ! REGISTER FAST**→ lethbridgecougars.ca or Scan Qr Code. Deadline to Register: Friday, September 5th or until spots are filled
- CONTACT lethhbridgecougarsbasketball@gmail.com for more information
- **TeamLinkt App** will be used for schedule.

