

Principal's Message

March has arrived, bringing with it meaningful opportunities for growth in learning, faith, and the arts within our school community.

We are now journeying through the sacred season of Lent, a forty-day time of reflection, prayer, and renewal as we intentionally make space for Christ in our daily lives. Families are warmly invited to join us for our Lenten celebrations. Please refer to the school calendar for dates and times as we gather together in prayer and community.

Excitement continues to build as preparations for our spring musical, "Back to the Beginning," move into their final stages. Our students will take to the stage at the Yates Memorial Theatre on March 25th and 26th, with five performances scheduled. Tickets are selling quickly and can be purchased online at: <https://visitlethbridgearena.venue.net/events/BTB>

Students are expected to attend all performances, and many have embraced additional roles in acting, dance, instrumental performance, and solo singing.

We are incredibly proud of students' dedication and look forward to a production that beautifully showcases St. Teresa's creativity, commitment, and talent. As performance days approach, please watch for detailed information regarding drop-off and pick-up procedures. Students will need to arrive at the theatre by 6:30 p.m. on both evenings.

A reminder to Grade 4 families that March 6 is the final day to complete the Alberta Education Assurance Survey. Survey codes were sent home last week. Your feedback is greatly valued and plays an important role in shaping future planning.

Broader budget considerations will be shared at upcoming Holy Spirit Catholic School Division Town Halls. Sessions will be held on:

- Wednesday, March 11 at 6:00 p.m. (CCH Campus West)
- Wednesday, March 18 at 6:00 p.m. (CCH Campus East)
- Monday, March 23 at 5:00 p.m. (Virtual session)

All families are welcome to attend. Input gathered at these meetings will help guide strategic priorities for Holy Spirit schools moving forward.

Please note that Friday, March 13 is a Spiritual Development Day, and there will be no school for students.

IMPORTANT DATES

March 5

Wacky Wild Hair Day

March 13

No School

March 17

Green, Gold, Rainbow Day

March 19

Kindergarten Celebration of Learning

March 20

Wear mismatched socks

March 24

Pizza by the Slice-Panago

March 25 & 26

Back to the Beginning Concert

March 31

Spirit Team Colour Day

Please note we will have a Lenten Liturgy every week and we invite all to attend. Please check out the school calendar.

A Lenten Reflection...

Give up complaining; focus on gratitude
Give up harsh judgments; think kindly thoughts
Give up worry; trust divine Providence
Give up discouragement; be full of hope
Give up bitterness; turn to forgiveness
Give up hatred; return good for evil
Give up negativism; be positive
Give up pettiness; become mature
Give up jealousy; pray for trust



March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Matthew 17: 1-9	2 Family Photos	3 Family Photos Boys BBall @ St. Paul	4 Lenten Liturgy 2:15 Panago Pizza by the slice	5 Wacky Hair Day	6 BBall Jamboree	7
8 John 4: 5-42	9	10 School Council Meeting 6:30 Science Sizzle	11	12 Lenten Liturgy 11:30 Kinder PM to Firehall	13 Spiritual Development Day No School	14
15 John 9: 1-41	16	17 Green, Gold, Rainbow Day HAPPY St. Patrick's DAY Science Sizzle	18 Lenten Liturgy 2:15 Quiznos Sub Hot Lunch	19 Kindergarten Celebration of Learning	20 Mismatched Sock Day for World Down Syndrome Day	21
22 John 11: 1-45	23 Lenten Liturgy 9:00 Kindergarten Report Cards	24 Panago Pizza by the slice	25 Back to the Beginning Yates Theatre	26 Back to the Beginning Yates Theatre	27	28
29 Matthew 27: 11-54	30	31 Spirit Team Colour Day Spirit Assembly Science Sizzle	 <p>Lord, hear our prayers this Lenten season.</p>			

St. Teresa of Calcutta School
presents:

BACK TO THE BEGINNING

Showtimes:

**March 25, 2026
1:00 & 7:00**

**March 26, 2026
1:00 & 7:00**

**Yates Theatre
tickets \$7.00**



Gospel Reading: Matthew 17:1-9

“This is my beloved Son, with whom I am well pleased, listen to him.” — Matthew 17:5

During the Transfiguration, Jesus reveals his true glory to his closest friends. Similar to his baptism in the Jordan, the Father speaks from heaven to announce that Jesus is his “beloved Son.” Like a proud parent, God the Father is telling us that he is delighted by his son. He also tells us to “listen to him,” so we can follow Jesus and live how he lived: paying attention to the poor and the outcast, fighting for what is right, and bringing comfort to those who are hurting. If we listen to Jesus and follow him, our hearts will get bigger and we will grow into everything God wants us to be.

Prayer:

*Dear Lord, help us to walk in Jesus’ footsteps, and to listen to him.
Give us courage to follow him wherever he leads us!*

Reflection:

How can you improve your listening skills, to better hear God’s voice?



Gospel Reading: John 4:5-42

“Jesus answered and said to her, ‘If you knew the gift of God and who is saying to you, ‘Give me a drink,’ you would have asked him and he would have given you living water.” — John 4:10

We know that water is important in the Bible - it is used to cleanse, to baptize, to give life, and to promote growth. What Jesus was saying to the Samaritan woman, and to us, is that HE can cleanse us, HE baptizes us and removes our sin, HE gives life through his name, and that HE carries us through our growth in the sacraments and our love for him. Jesus is the living water that is poured into our hearts and reaches every corner of our being!

Prayer:

*Dear Father, thank you for this living water that you offer so freely to us.
May it bring us into a deeper love for you.*

Reflection:

What are some of the ways water is used in our Church’s rituals?



Gospel Reading: John 9:1-41

“We know that God does not listen to sinners, but if one is devout and does his will, he listens to him.” — John 9:31

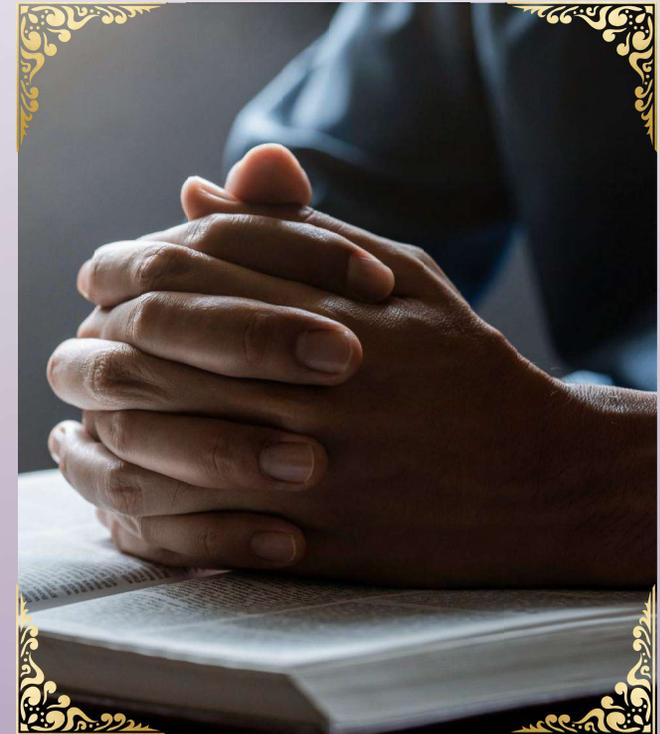
Many of us want to make our requests known to Jesus and then we want him to answer them exactly the way we want. But that doesn't require much faith. In fact, it is almost as if we are blind to what it is that God may want for us. We choose only to see things the way we want. But Jesus wants us to open our eyes and take a step of faith, seeing him as the Son of God, who came to show us how to live and love. If we can step into that understanding of him, then we will be more willing to listen to his response to our prayers, even if it is not the answer we wanted. This is truly living out God's will in our lives.

Prayer:

Father in heaven, thank you for loving us so much so that your answer to our prayers is always what we need, even if it's not what we imagined. Please teach us to accept your answers with patience and gratitude.

Reflection:

Share a time when your prayers were answered. Then try to think of a time when they were not answered the way you wanted them to be. How did you feel about God in both these situations?



Gospel Reading: John 11:1-45

“Martha said to Jesus, ‘Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God, God will give you.’” — John 11:21-22

When things are going your way and life seems good, it is easier to believe in Jesus, isn't it? But when things get tough and you are full of doubt, it may be easy to question Jesus. Martha shows us, in today's Gospel, what great faith looks like. She knew and loved Jesus very much. She saw how God had worked miracles through him. She saw how Jesus had brought peace and forgiveness to so many. No matter how hard her life seemed at the moment of her brother's death, she did not lose faith in Jesus. It made her believe even more. We, too, are called to this great faith. Whether things are good or tough, Jesus is always the same. He is always there for us and he loves us very much. We just have to have faith and believe.

Prayer:

Dear Lord, thank you for always being with us through good and difficult times. Please give us the faith to know you are with us even when we can't feel it.

Reflection:

Talk about a tough time in your life when you felt God's presence.



Gospel Reading: Matthew 26:14-27,66

“Hosanna to the Son of David; blessed is he who comes in the name of the Lord, hosanna in the highest.” — Matthew 21:9

The people waved palm branches for Jesus. At that time in Israel, palm branches were used as a symbol of ‘future glory’ or ‘better days ahead.’ You would think after Jesus’ triumphant entry into Jerusalem, the days ahead would be great. However, Jesus’ mission was not to make people comfortable, but to speak the truth of God. This made many people very upset; so upset that they would rather silence the truth than face their own sin. This meant that the following days for Jesus turned into days of pain and sadness instead of celebration. Today’s Gospel walks us through the Passion of our Lord. We are entering into the holiest week of the year. Let us listen to the story of what happened after Jesus entered Jerusalem and let it move our hearts closer to our Savior.

Prayer:

Dear Lord Jesus, may we walk through this week, allowing the story of the Passion to make us aware of the sinfulness in the world, and bring us deep gratitude for the price you paid when you became human.

Reflection:

What will you do this week to show gratitude to Jesus for his sacrifice?



Since 1993

Soccer Day Camps



...more than just a soccer camp!



Early Deals, Big Savings, Ends March 31, 2026



- ✔ July & August weeks
- ✔ Morning & Full Day sessions
- ✔ Ages 5 to 13
- ✔ Before & After Care available

For more information:

 royalsoccer.com

 800-427-0536

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)

For location & registration details visit our website.



OUTDOOR REGISTRATION IS OPEN!

WWW.LETHBRIDGETRACK.CA

TUESDAY & THURSDAY

5:30-7PM (COACHING)

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

U OF L COMMUNITY STADIUM